

Pro Pool Player Success Secrets REVEALED

With Max Eberle



MAX EBERLE'S 8-DAY ESSENTIAL POOL SKILLS BOOT★CAMP

Although this is a Free Boot Camp with your request for this information and your signup to Max Eberle's informative and Free email newsletter, you have permission to share this pdf with friends and family who may want to improve their pool game by emailing it to them or sharing on facebook etc. Or you may direct them to maxeberle.com so they too can benefit from signing up.

Max Eberle is a Professional Pool Player from the USA, the winner of hundreds of pool tournaments, the Author of Zen Pool, the Creator of the Powerful Pool DVD Series, and a sought after private instructor. He has competed and given exhibitions throughout the Americas, Europe, and Asia.

Welcome to this informative Boot Camp to help take your pool game to even higher levels!

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DAY 1 OF BOOT★CAMP!



[Link to the Day 1 Boot Camp Video](#)

Video bullet points...

The foremost important thing in mastering pool is to control your hands and the pool cue.

GRIP HAND (at back end of cue)

- The grip at the back end of the cue should not be too tight or too loose (imagine you are holding a small live bird and do not want to hurt it or let it fly away)
- Too tight or stiff of a grip leads to poor back swing and follow through.
- Too loose a grip (fingers barely gripping, only the finger tips touching the cue) will lead to less power, feel, and control.
- A good grip controls the cue without being too tight.
- A good grip cradles the cue in the fingers.
- You need not twist the wrist of your grip hand in or out during the follow through.
- Let the grip hand hang straight down from your elbow.
- Have control over the cue with your grip hand.

GRIP POSITION ON CUE

- The grip will be approximately over your back foot (your right foot if you are right handed)
- The grip will be in a position so that your forearm is close to vertical when the tip is precisely next to the cue ball.

- Get your grip hand into shooting position before you assume your stance.

BRIDGE HAND

- An "Open bridge hand" is great as long as it is solid without moving during your stroke.
- To form the open hand bridge, make a "tent" with your hand and fingers, and make a "V-Groove" between your thumb and index finger.
- Make the bridge solid by forming it before you place it on the table.
- The bridge should be ready before, or just as you place it down on the table, if you wait to stabilize it, your accuracy and consistency will suffer.
- Allow for a close to level cue with specialty rail bridges when shooting off the rail.
- Control your cue asap before each shot.

BRIDGE DISTANCE FROM CUE BALL

- Keep the V-Groove of your bridge hand 6-12 inches from the cue ball as a guideline.
- Too close will prevent power and too far may hinder accuracy. Find the right spot for you by watching great players and experimenting.

Now Go Run Racks!

Max Eberle

DAY 2 OF BOOT★CAMP!



[Link to the Day 2 Boot Camp Video](#)

Video bullet points...

Find the stroking line once you have control over the cue.

- AIM KEY: Find the "ghost" cue ball by finding where the cue ball must be at the moment of contact with the object ball.
- Put your cue on the line passing through the center of the cue ball and the center of the ghost ball.
- KEY: Find the stroking line BEFORE you take your stance, do NOT get down on the shot and then find the stroking line, this leads to massive inconsistency.
- First develop the ability to stand behind the cue ball and find the stroking line.
- AIM KEY: Find the contact point on the object ball and stand behind the cue ball, aim while standing and without shooting, use judgement to figure out how to hit the contact point on the object ball with the round cue ball.

Thank you, now go run some racks!

Max Eberle

DAY 3 OF BOOT★CAMP!



[Link to the Day 3 Boot Camp Video](#)

Video bullet points...

- Setting up on the Stroking Line
- Consistently put your back foot on the stroking line at the perfect distance.
- Find your balanced stance then find where your back foot is and measure foot's distance to the cue ball with your cue or eyeball it.
- Setting up: Put cue on stroking and stand behind the cue with tip at the cue ball, now place your back foot under the end of the cue and step into your stance with eyes on the stroking line.
- Or... get closer to cue ball and put cue stick by the cue ball and get into stance.
- Find a repeatable way to set up on the stroking line for consistency.
- Main thing is to find the stroking line and set up back foot on that line in the same place.
- Your precision will pay off enormous dividends on the table!

Thanks and go run some racks!

Max Eberle

DAY 4 OF BOOT★CAMP!



[Link to the Day 4 Boot Camp Video](#)

Video bullet points...

THE STROKE

- The stroke is a throwing motion like in other sports.
- You are throwing the cue without letting go.
- There is a back swing and a follow through.
- Do not stop the cue stick at the cue ball.
- Get into the habit of following through the cue ball.
- Throw the cue right down the stroking line.
- Don't stroke on a line other than the stroking line, ie. Don't steer the cue.
- The whole point of first finding the stroking line is to actually stroke on that line.
- Keep your head and body still.
- Pull your backswing back further for more power.
- Pull back less for soft shots.
- Having a perfectly level stroke is mostly myth.
- Usually you will stroke and follow through downwards slightly into the cue ball.
- The stroke is "close to level," unless elevated when required as in jump or masse or draw shots off the rail.
- The follow shot stroke is the most level stroke.

Stay tuned for Day 5... until then, practice hard!

Thank you and go run some racks!

Max Eberle

DAY 5 OF BOOT★CAMP!



[Link to the Day 5 Boot Camp Video](#)

Video Highlights...

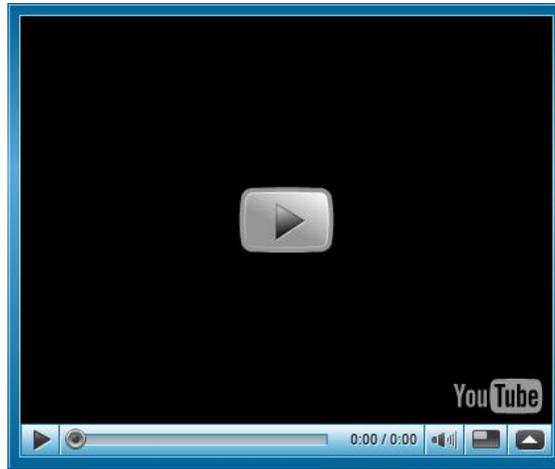
HOW TO ADJUST YOUR AIM WHEN USING SIDE SPIN

- Striking the cue ball anywhere on the center vertical axis does not greatly affect aim, ie. hitting top or bottom spin will not change your aim very much if at all.
- Hitting the cue ball with side spin will cause deflection. For example: striking the cue ball with "2 tips" of left English will cause the cue ball to deflect to the right. Therefore you must aim more to the left to pocket the object ball.
- More side spin and more speed = more deflection.
- Learn to adjust your aim with scientific practice and feel.
- THROW is between the cue ball and object ball and refers to the spin on the cue ball "throwing" the object ball off of the line of centers. So right English would throw the object ball to the left, slightly.
- Throw will not affect your aim nearly as much as deflection.
- Know your plan with side spin before you set up your stance so that you can factor this adjustment in aim and still have a balanced, powerful, winning set up... and make your shots!

Thank you my friend, practice hard and go run some balls!

Max Eberle

DAY 6 OF BOOT★CAMP!



[Link to the Day 6 Boot Camp Video](#)

Video bullet points...

CUE BALL CONTROL

- Start with the basics of stop, draw, and follow.
- Being able to stop the cue ball on straight in shots at all distances is necessary and will help with all other shots.
- The stop shot stroke is like a draw shot, just slightly softer.
- Develop speed control with backspin.
- Jumping the cue ball off the table is normal when learning to draw, to avoid this make sure you have chalk, a solid bridge, a smooth stroke, and a smooth backswing. Make sure you actually strike the cue ball where you intend, instead of dipping down on your final stroke and scooping the cue ball into the air.
- On a draw shot, do not pull the cue back right after striking the cue ball, instead, follow through as this is what produces the backspin on the cue ball. Only pull back if the cue ball is coming back fast into the cue tip.
- Develop the discipline to pick a spot for the cue ball to land.
- This will allow rapid improvement.
- Set up a shot exactly the same and shoot it until you land the cue ball on the spot you picked. Even if it takes one hour to do this.
- Only being able to land the cue ball in a large position zone will not suffice to beat a champion.
- Develop fine-tuned speed and direction control with your cue ball with relentless practice and perseverance.

Thank you and go run some balls!

Max Eberle

DAY 7 OF BOOT★CAMP!



[Link to the Day 7 Boot Camp Video](#)

Video bullet points...

STRATEGY

- Decide which shot to shoot and the order of all subsequent shots.
- 8-Ball: Plan your whole run out before you begin. Look at the position of the 8 and any problem balls to help plan your run. Look for shots that "feed into" each other, this will help you plan your pattern or "road map."
- Picking a good sequence of shots will win you many games.
- Think at least your 3rd shot ahead.
- Play to get an angle on the 2nd shot that will be conducive to playing position on the 3rd shot in your run out.
- Usually avoid getting straight in on a ball, unless it is the best option.
- Line of position: The cue ball travels towards or away from the next object ball on the correct angle, giving you more leeway in your speed control.

- Crossing the line of position requires fine speed control.

Thanks, practice hard and go run some balls!

Max Eberle

DAY 8 OF BOOT★CAMP!



[Link to the Day 8 Boot Camp Video](#)

Video highlights...

POWER DRILL, a tool to fine-tune your stroke and stance.

- There is always something to work on in your game.
- It's all about consistency.
- This is a drill to fine tune your stroke, aiming, and ability to hit center ball. You will want to practice it at soft, medium, and hard speeds. Pay close attention to each result so that you can make corrections. Keep your head and body down, and still.
- Set up a long and straight shot as in the video.
- Shoot a stop shot and try to achieve the cue ball stopping perfectly with zero sidespin.

- Shoot it with a draw stroke and have the cue ball come back with only backspin and zero side spin.
- Shoot it with follow and have the cue ball follow the object ball into the pocket at all speeds with only top spin and zero side spin.
- KEY: Do NOT MOVE BODY with the stroke. This adds too many variables to the motion and makes calculated improvement almost impossible.
- Pay attention to your stroke along with your result, this will help you straighten and groove your stroke. Ask yourself, "did my stroke end up on the stroking line at the end of the follow through?" After you stroke you must stay down and pause in order to see clearly if you did indeed follow through straight.
- Becoming skilled at hitting center ball with this drill will increase your ability to accurately judge how much spin you put on the ball when you need side spin.
- This drill will help all aspects of your game.

Thank you for joining my Free 8-Day Essential Pool Skills Boot Camp!

Keep your eye on your email inbox for new, free, and informative messages, as well as the latest new product announcements and discounts.

Best wishes to you in your continued improvement.

Remember to practice with focus and keep enjoying this beautiful and challenging game.

See you soon...

Max Eberle



Dear Friend,

If you have not yet been exposed to my more advanced and in depth training programs or books, here is some info with a link for you to check out...



[Link to Video explaining the Powerful Pool DVD Set](#)

“Max, I purchased the dvd set about two weeks ago. and already have seen great improvement in my game. I have always been a decent player but had reached a plateau and could not figure out why I was not improving.

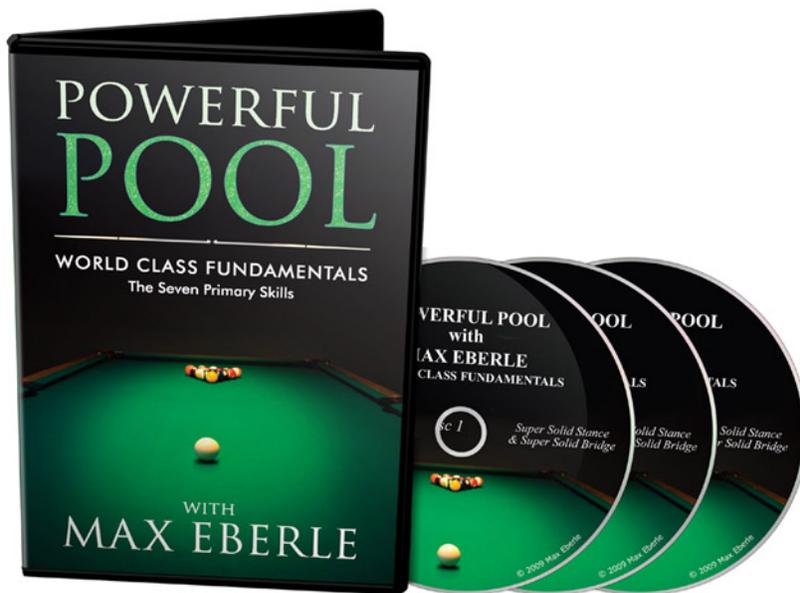
The answer was the basic ...fundamentals that you teach in the dvds, secrets that I had never learned. Now I am concentrating on aligning my shots properly and all my shots are going in on a regular basis and my cue ball control has also improved greatly.

I recently played a couple of players that I used to have trouble beating and this time I beat them rather easily. Hope there may be another set of dvd's on the way.”

Mark Parsons, Insurance Agent. Salisbury, MD

“I think Max's DVDs and the book are the best I've ever seen, very professional, thanks Max for sharing!!!”

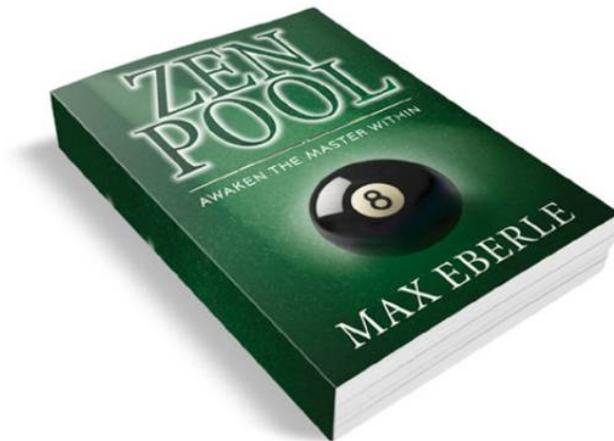
Pedro Custodio



[Order Your Set Here](#)

FREE BONUS SECTION:

ZEN POOL “QUOTES”
(FROM THE BOOK ZEN POOL, AWAKEN
THE MASTER WITHIN, BY MAX EBERLE)



"ONE WHO SEEKS ENLIGHTENMENT DOES NOT COMPLAIN ABOUT THE
HARDSHIPS ENTAILED ON THE JOURNEY; RATHER, THE DIFFICULTY
BECOMES JOY AS HE KNOWS A PRIZE WORTHY OF ACHIEVEMENT MAKES ANY
TROUBLE IN ATTAINING IT MINISCULE BY COMPARISON."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"HAVING THE ATTITUDE THAT EVERY SINGLE SHOT YOU EVER TAKE IS UNIQUE WILL HELP KEEP YOU PRESENT IN WHAT YOU ARE DOING, A TRAIT FOUND IN ALL GREAT PLAYERS."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"IN ORDER TO IMPROVE YOUR GAME, ALL YOU MUST DO IS WANT IT BADLY, BELIEVE IT IS POSSIBLE, AND GO FOR IT FULL TILT EVEN WHEN YOUR RESULTS APPEAR OTHERWISE. YOU HAVE GOT TO BE DEDICATED AND WILLING TO MAKE CHANGES THAT WILL HELP YOU IN THE LONG RUN."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"A MIND CLUTTERED WITH OUTER OR INNER CHAOS WILL FIND IT DIFFICULT TO DIRECT THE BODY INTO PLAYING RUN OUT POOL. HOWEVER ONE WILL ALSO NEED TO USE ONE'S MIND IN PLAYING POOL, AND THIS IS THE FOCUS ASPECT THAT COMES WITH MEDITATION."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"BRINGING ZEN INTO ANYTHING YOU DO WOULD BE TO ADD A DEEPER QUALITY OF MEDITATIVE AWARENESS INTO YOUR ACTIVITY."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"ZEN IS A BRANCH OF MAHAYANA BUDDHISM WHICH STRONGLY EMPHASIZES THE PRACTICE OF MOMENT-BY-MOMENT AWARENESS AND OF 'SEEING DEEPLY INTO THE NATURE OF THINGS' BY DIRECT EXPERIENCE."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"IN THIS SENSE, PLAYING POOL IS ZEN IN THAT IT DOES REQUIRE YOUR PRESENT MOMENT AWARENESS, THE ENLIGHTENMENT THAT COMES FROM THE ACCUMULATION OF DIRECT EXPERIENCE, AND THE CONTEMPLATION OF THE MANY NUANCES WHICH ARE INHERENT IN YOUR SELF AND IN THE GAME."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"IF YOU ARE AWAKE IN "THE NOW," YOU WILL HAVE MORE MENTAL ENERGY AVAILABLE TO PLAN WHAT YOU INTEND TO DO ON THE TABLE. PUTTING MENTAL ENERGY INTO PLANNING WILL ALSO HELP MAKE USELESS THOUGHTS DISAPPEAR AND BRING YOU INTO THE PRESENT MOMENT."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"ONCE YOU HAVE MADE A PLAN AND IT IS TIME TO ENACT YOUR SHOT-
MAKING PROCESS, YOU CAN USE MENTAL ENERGY TO HELP DIRECT THE
PHYSICAL PROCESS AND ALLOW YOUR MIND TO BE QUIETER IN TERMS OF
THOUGHTS AND WORDS--YET STILL BE ENGAGED WITH THE EYES, BODY
AND THE SHOT YOU FACE IN CREATING THE 'PRE-MEDITATED' OUTCOME."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"PAY ATTENTION TO THE INNER SILENCE INSTEAD OF THE OUTER OR INNER
CHAOS."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"SIMILAR TO THE BENEFITS TOUTED BY MEDITATION, I HAVE OFTEN
EXPERIENCED A REDUCTION OF STRESS AND AN ELEVATED MOOD AFTER
PRACTICE SESSIONS AND EVEN TOURNAMENT PLAY."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"WHEN YOU ACHIEVE HIGH LEVELS OF PLAY AND EXPERIENCE FLASHES OF
BRILLIANCE THAT TURN THE TABLE INTO YOUR PLAYGROUND AND THE CUE
BALL INTO AN EXTENSION OF YOUR MIND, ALL OF THAT HARD WORK AND
PERSEVERANCE SOMEHOW SEEM TO BE WORTH ALL THE EFFORT."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE -

"ONE GREAT THING ABOUT POOL IS THAT IT REQUIRES A MULTI-DIMENSIONAL AWARENESS FOR YOUR BODY, MIND, AND SPIRIT. KNOWING EVERYTHING ABOUT POOL WILL NOT HELP IF YOU CANNOT CONTROL YOUR BODY TO MAKE YOUR PLANS HAPPEN. KNOWING EVERYTHING AND BEING ABLE TO DO IT IS ALSO NOT ENOUGH IF THE MOTIVATION OR "SPIRIT" IS ABSENT. THERE MUST BE A CERTAIN AMOUNT OF JOY OR DESIRE IN ORDER TO "ZEN IN" ON PLAYING THE GAME."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"IT IS NO ACCIDENT THAT THE GREATS OF ALMOST ANYTHING ALSO HAPPEN TO LOVE DOING IT MORE THAN MOST PEOPLE."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"THE PHYSICAL ASPECT OF PLAYING POOL IS A DANCE THAT REQUIRES THE COORDINATION OF YOUR ENTIRE BODY. IT IS NOT ONLY ABOUT HAND-EYE COORDINATION; IT IS HANDS-EYE COORDINATION AND EVEN BODY-HANDS-EYE COORDINATION."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"NOT SURPRISINGLY, YOU WILL FIND THAT TOP POOL PLAYERS ARE GIFTED IN OTHER SPORTS AS WELL, AND WILLING TO TRAIN FOR COUNTLESS HOURS, MONTHS, OR YEARS TO PERFECT THEIR TECHNIQUE."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"JUST THE EFFORT OF ATTEMPTING TO IMPROVE YOUR FORM WILL INCREASE YOUR WON BODY AWARENESS, HELP YOUR GAME, AND SERVE A YOGA-LIKE BENEFIT TO YOUR LIFE."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"WITH A FOCUSED, CALM, AND AWAKE MIND, BODY AND SPIRIT, YOU WILL CONTINUALLY LEARN MORE AND MORE AND EVEN DEVELOP YOUR OWN UNDERSTANDING ABOUT WHAT IT MEANS TO PLAY ZEN POOL."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"ZEN IS A PLACE WHERE YOU FEEL SAFE AND CAN FOCUS ON SOMETHING, WHATEVER IT IS THAT INTERESTS YOU. ZEN IS WHERE YOU CAN REALLY LOOK INTO SOMETHING AND FIND THE BEAUTY IN THE DETAILS."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"TO SAY PEACE IS INVOLVED IN ZEN DOES NOT EXCLUDE THE POSSIBILITY FOR PASSION AND INTENSE FOCUS IN WHAT ONE IS DOING. FOCUSING WITH PASSION ON SOMETHING WE LOVE TO DO IS PEACEFUL TO OUR SOUL IN THE MOMENT."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"THE PUREST FORM OF ZEN I CAN THINK OF IN RELATION TO POOL...I AM IN THE MOMENT, ENJOYING THE PROCESS, WORKING TO SUCCEED--YET NOT WONDERING ABOUT WHETHER MY DESIRED RESULT WILL HAPPEN. I KEEP IN FEEL AND IN IMAGINATION THE IMAGE OF MY SHOT WHILE IMMERSSED IN THE PROCESS: AWARE, IN CONTROL, AND RELAXED."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"I AM IN THE MOMENT, ENJOYING THE PROCESS, WORKING TO SUCCEED--YET NOT WONDERING ABOUT WHETHER MY DESIRED RESULT WILL HAPPEN. I KEEP IN FEEL AND IN IMAGINATION THE IMAGE OF MY SHOT WHILE IMMERSSED IN THE PROCESS: AWARE, IN CONTROL, AND RELAXED."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"IN THE ZEN STATE, YOU ARE ON TOP OF EVERYTHING FROM YOUR BODY TO THE BALLS AND THE TABLE CONDITIONS AND YET IT IS RELAXED AWARENESS."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"ZEN PUTS YOU IN TOUCH WITH YOURSELF AND THE SHOTS SO THAT YOU CAN MAKE THE PROPER ADJUSTMENTS REQUIRED TO HONE YOUR SHOT-MAKING SYSTEM AND GET "IN THE ZONE," OR JUST PLAY REALLY WELL CONSISTENTLY."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



"THERE ARE DIFFERENT LEVELS OF THE ZONE AND THE MORE ZEN YOU ARE ON A REGULAR BASIS THE MORE FREQUENT AND POWERFUL THE ZONE WILL BE."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --

"IMPROVING AT POOL CONSISTS BOTH OF AN HONEST SEARCH FOR FAULTS WITH A DAILY EAGERNESS TO WORK ON CORRECTING THEM, AND THE DILIGENT GATHERING OF NEW AND USEFUL KNOWLEDGE. NO MATTER HOW GOOD YOU BECOME, IT IS CONSTRUCTIVE TO ALWAYS CONSIDER YOURSELF A STUDENT OF THE GAME."

-- ZEN POOL AWAKEN THE MASTER WITHIN, BY MAX EBERLE --



[Click here to order your own copy of Zen Pool](#)

[Or click here to see if there is a Free Copy of Zen Pool special with a purchase of the Powerful Pool DVD Set](#)

Thank you for your time and I look forward to hearing your story of improvement!

See you soon...

Max Eberle